





Name ▼	Description		Category	Weight		
Air pad	Yate Women's Hike		Sleeping	640 g		
Anorak	Mil-Tec		Clothing	500 g		
Beef broth	Knorr		Food	20 g		
Bitter chocolate	Lidl		Food	110 g		
Canvas backpack			Backpack	2400 g		
Charger	LG		Other	40 g		
Chinese soup	Lidl		Food	75 g		
Comb			Other	20 g		
Cookware + spoon	Army		Cooking	360 g		
Cup	Selfmade		Cooking	30 g		
Dishtowel			Cooking	50 g		
Down Quilt	Selfmade		Sleeping	630 g		
Footprint	Selfmade - Bauhaus		Sleeping	180 g		
Garlic	Own		Food	50 g		
Garlic soup	Lidl		Food	25 g		
Gearskin	Selfmade		Backpack	800 g		
Guylines	Selfmade		Shelter	80 g		
Headlight	Vietnam		Other	100 g		
Hiking map	KCT		Other	70 g		
Knife	Victorinox		Other	60 g		
Mini survival kit	Selfmade		Other	100 g		
Nylon kit	Trousers, jacket		Clothing	440 g		
Oat flakes	Penny		Food	80 g		
Phone	LG		Other	110 g		
Poles	Selfmade		Shelter	270 g		
Polo shirt			Clothing	190 g		
Poncho	Vochoc		Clothing	280 g		
Sandals			Shoes	600 g		
Shirt - long sleeve			Clothing	350 g		
Shoes-trekking	Working shoes		Shoes	1150 g		
Shoes-winter			Shoes	2220 g		
Shorts	Adidas		Clothing	150 g		
Sleeping alumat pad	Noname		Sleeping	70 g		
Sleeping bag - winter	Selfmade		Sleeping	2000 g		
Sleeping pad	EVA zone - short		Sleeping	270 g		
Socks			Clothing	70 g		
Stakes - 6pc	Selfmade		Shelter	120 g		
Stove + fire + windscreen	Selfmade		Cooking	50 g		
Stuffsack food	Selfmade		Food	10 g		
Stuffsack tarp	Selfmade		Shelter	10 g		
Sweater			Clothing	400 g		
Sweater - winter			Clothing	650 g		
T-shirt			Clothing	250 g		
Tarp - 2.5x1.9	Selfmade - Bauhaus		Shelter	330 g		
Tarp - 2.9x2.4	Condor		Shelter	750 g		
Tea + sugar			Food	50 g		
Tissues			Other	30 g		
Trousers	Green		Clothing	870 g		
Underwear			Clothing	70 g		
Water	Natur quelle		Food	500 g		

Water bottle	Pet 0.5l		Cooking	40 g		
White spirit	Isopropylalcohol 0.5l		Cooking	380 g	